

MASTER PANTRY LIST

BAKING

- Plain Flour
- Self-Raising Flour
- Bi-Carb Soda
- Baking Powder
- Desiccated Coconut
- Chocolate Chips
- Cocoa Powder
- Cacao
- Cream of Tartar
- Golden Syrup
- Sugar
- Yeast
- Vanilla Extract & Bean
- Honey
- Breadcrumbs
- Cornflour

SPREADS

- Vegemite
- Peanut Butter

BREAKFAST

- Rolled Oats
- Mixed Seeds & Nuts
- Weetbix

BAKERY

- Bread
- Wraps

FRUIT

- Bananas
- Oranges
- Mandarins
- Watermelon
- Apples
- Strawberries
- Raspberries
- Grapes
- Peaches
- Pears
- Plums
- Lemons & Limes

VEGETABLES

- Zucchini
- Broccoli
- Potato
- Pumpkin
- Potatoes
- Onion
- Capsicum
- Cucumber
- Corn
- Spinach
- Silverbeet
- Cauliflower
- Lettuce
- Carrots
- Garlic
- Ginger
- Mushrooms
- Tomatoes
- Fresh Herbs
- Celery

CONDIMENTS

- Tomato Sauce
- BBQ Sauce
- Chilli Sauce
- Mayonnaise
- Salad Dressing
- Soy Sauce
- Fish Sauce
- Mustard
- ABC Sauce
- Worcestershire
- Stock

OILS & VINEGARS

- Olive Oil
- Cooking Spray
- White Vinegar
- Apple Cider Vinegar
- Rice Wine Vinegar
- Balsamic Vinegar
- Sesame Oil
- Coconut Oil

DAIRY

- Butter
- Nuttelex
- Cream
- Milk
- Soy Milk
- Cheddar Cheese
- Yoghurt
- Parmesan Cheese
- Gruyere Cheese
- Eggs

FROZEN

- Ice-Cream
- Fruit
- Sorbet
- Vegetables
- Puff Pastry
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MISC

- Baking Paper
- Alfoil
- Gladwrap
- Paper Towel
- Garbage Bags
- Paper Napkins
- Paper Cupcakes
- Tissues
- Tea and Coffee
- Ziploc Bags

CLEANING

- Window Spray
- Surface Spray
- Jif
- Toilet Cleaner
- Laundry Powder
- Wonder Soap
- Napisan
- Dishwashing Detergent
- Hand Soap

MEAT

- Lamb
- Beef
- Chicken
- Bacon
- Pork
- Pepperoni
- Ham

PASTA & RICE

- Dried Pasta
- Jasmine Rice
- Arborio Rice
- Rice Noodles
- Couscous

CANNED GOODS

- Pasta Sauce
- Tuna
- Tinned Pineapple
- Coconut Milk / Cream
- Tomato Paste
- Diced Tomatoes
- Anchovies
- Capers
- Chick Peas
- Tinned Lentils
- Olives

SEASONING

- Oregano
- Thyme
- Basil
- Garlic Powder
- Sage
- Paprika
- Salt and Pepper
- Chilli
- Chives
- Bay Leaves
- Ground Allspice
- Nutmeg
- Cinnamon
- Cumin
- Whole Cloves

SNACKS

- Popcorn
- Rice Crackers
- Nuts
- Biscuits
- Brown Rice Chips
- Dried Fruit

PERSONAL

- Shampoo and Conditioner
- Soap
- Toothpaste
- Deodorant
- Hair Products
- Floss
- Mouthwash
- Feminine Products
- Razors
- Hand Sanitiser